

10th Ayurveda Day (23 September 2025)

The Embassy hosted vibrant Ayurveda Day celebrations on 23 September 2025 in the Chancery premises, blending ancient wisdom with modern wellness.

Guests were enlightened on basics of Ayurveda and its benefits by Ms. Kheira Djeriri, a holistic medicine healer and meditation coach from Ilizi, Algeria, and Mr. Dheeraj Kesharwani, Teacher of Indian Culture.

As a symbol of health and healing, four medicinal saplings were planted during the event. A variety of Ayurvedic herbs were also put up on display for spreading awareness about their healing powers and benefits.
